



Maria Regina College
Creative, Innovative, Professional








Maria Regina College
Dun Manwel Attard Young Adult Education Resource Centre
Triq il-Madonna tal-Abbandunati
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10th October, 2018

06/18-19

Dear parents and carers,

I am sending this letter with regards to the use of the Gym machines for this scholastic year. Therefore I kindly request your approval in order to let your child use any of the machines listed below. Every machine can help your child in different ways and your feedback will help us identify which machine is best. You may tick more than one machine. We also remind you to send your child in **running shoes** and **adequate physical exercise clothing** on the day he/she has PE.

<p>Treadmill – <input type="checkbox"/></p> 	<p>Cycling Machine – <input type="checkbox"/></p> 	<p>Crosstrainer– <input type="checkbox"/></p> 	<p>Weight Lifting– <input type="checkbox"/></p> 
<p>Rowing Machine – <input type="checkbox"/></p> 	<p>Stepper – <input type="checkbox"/></p> 	<p>AB Horse – <input type="checkbox"/></p> 	

Please send completed form by Monday 15th October, 2018

Student's Name _____

Name and signature of parent/guardian

Thank you,
Mr.J.Vella – PE Teacher










10 ta' Ottubru, 2108

06/18-19

Għezież ġenituri/kustodji,

Qed nibgħat din l-ittra dwar l-użu tal-magni tal-Gym fejn hawn qed nitlobkom l-approvazzjoni tagħkom dwar liema magni intom tixtiequ li t-tifel/tifla tagħkom juża/tuża fil-Gym f'din is-sena skolastika. Kull magna li jużaw hija ta' ġid għal uliedkom izda intom tistgħu tgħinuna iżjed jekk tgħidulna liema tħossu li hu l-aħjar għal ibnek/bintek. Tistgħu timmarkaw iżjed minn kaxxa waħda. Infakkrukombiex tibagħtu lit-tifel/tifla tagħkom b'*running shoes* u *ħwejjeġ addattati għall-eżercizzju sportiv* fil-ġurnata li jkollhom il-PE.

<p>Treadmill – <input type="checkbox"/></p> 	<p>Cycling Machine – <input type="checkbox"/></p> 	<p>Crosstrainer– <input type="checkbox"/></p> 	<p>Weight Lifting– <input type="checkbox"/></p> 
<p>Rowing Machine – <input type="checkbox"/></p> 	<p>Stepper – <input type="checkbox"/></p> 	<p>AB Horse – <input type="checkbox"/></p> 	

Jekk jogħġobkom ibagħtu l-formola kompluta sa nhar it-Tnejn 15 ta' Ottubru, 2018.

Isem l-istudent/a _____

Isem u firma tal-ġenitur/kustodju

Grazzi,

Mr.J.Vella – Għalliem PE